

Profiling Spiritual Nature Connection

For adults



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Monday 24 March, 2025, 17:00-18:00



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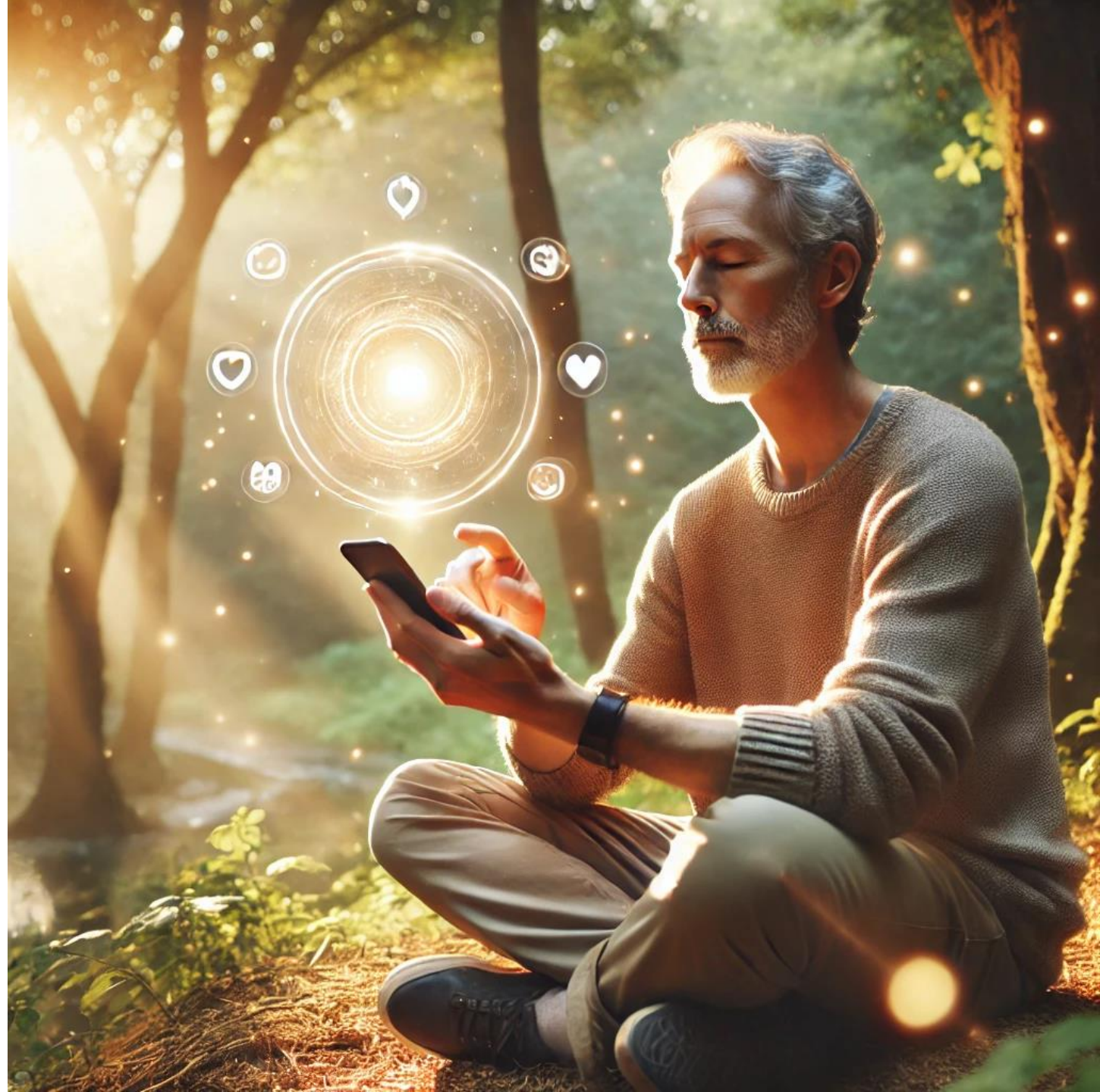
General idea

Aim of the European project (Erasmus +)

To foster adults' competencies to acquire and develop a spiritual connection to nature through the use of an app and online training.

This webinar

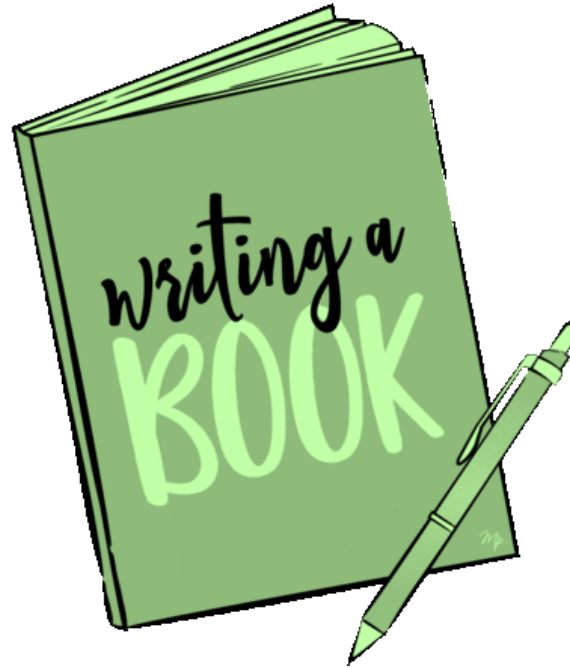
Explain the theoretical model behind the app and training.



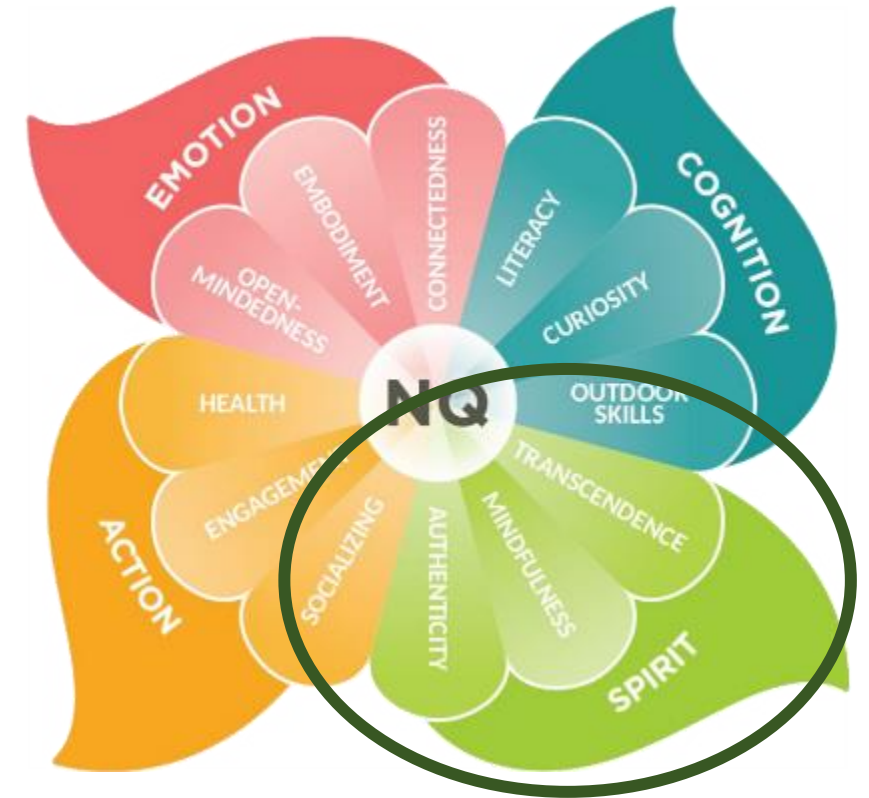
Background



Developing Nature Intelligence (NQ) in young people



How to get closer to nature in a spiritual manner



Developing NQ in adults

Why adults?

Unlike children and youth, where nature intelligence is often expressed through **action and play**, adults tend to engage with nature through **reminiscence, reflection, and deeper meaning-making**

Life transitions — like becoming a **grandparent** or sensing **life's finitude** — often **deepen** this connection.



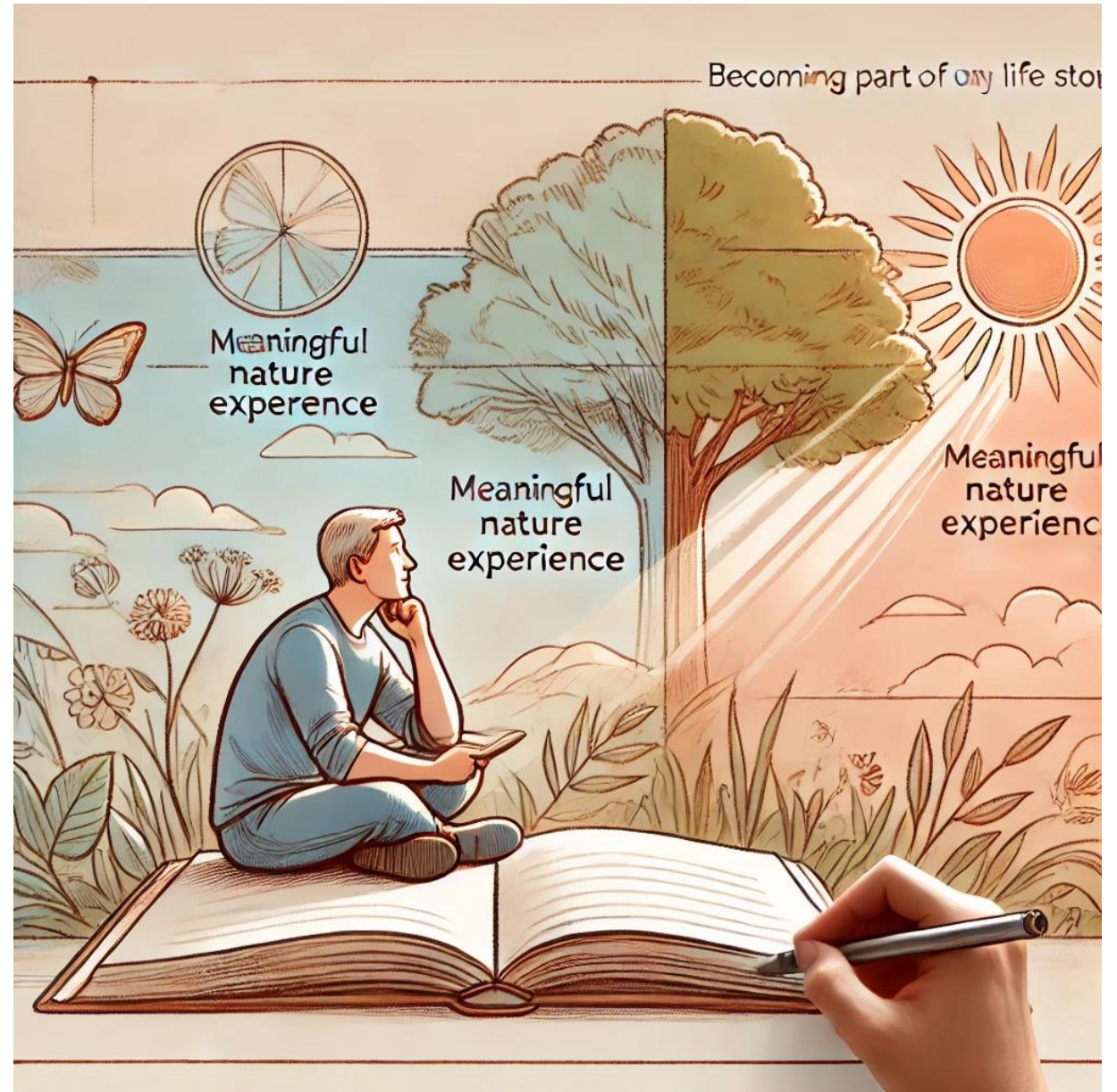
Interaction moment # 1

Would anyone like to share a 'magical' moment with nature from their childhood?

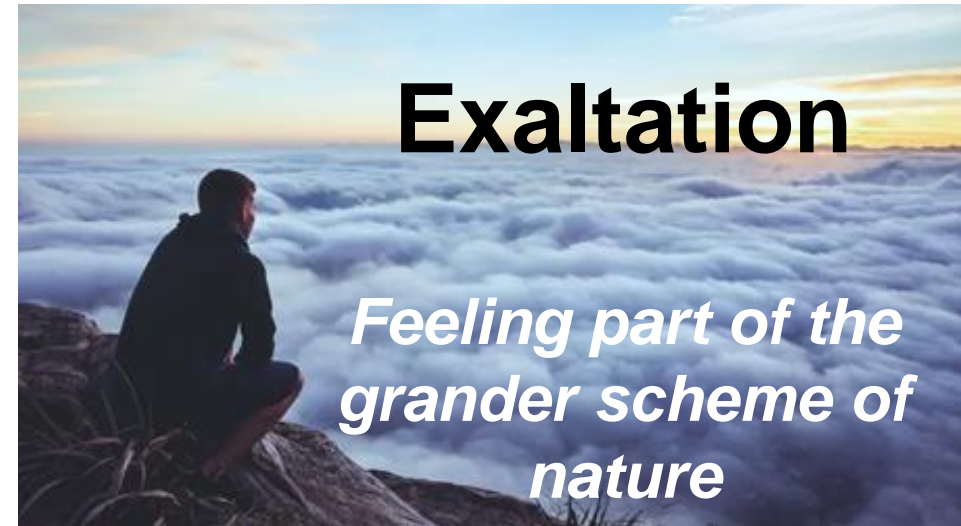


Part 2: Nature Connection through Magical Moments

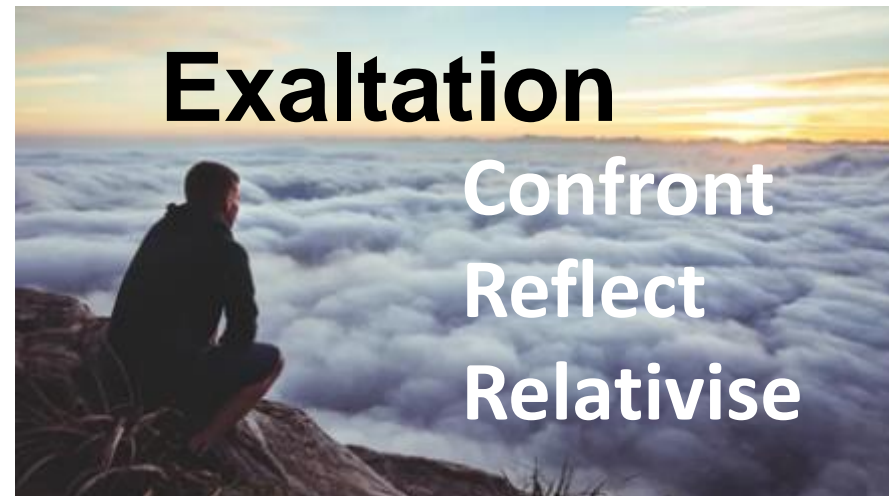
Magical nature moments go beyond experiencing the beauty or stress relieving effects of nature — they leave a lasting mark and become part of your life story.



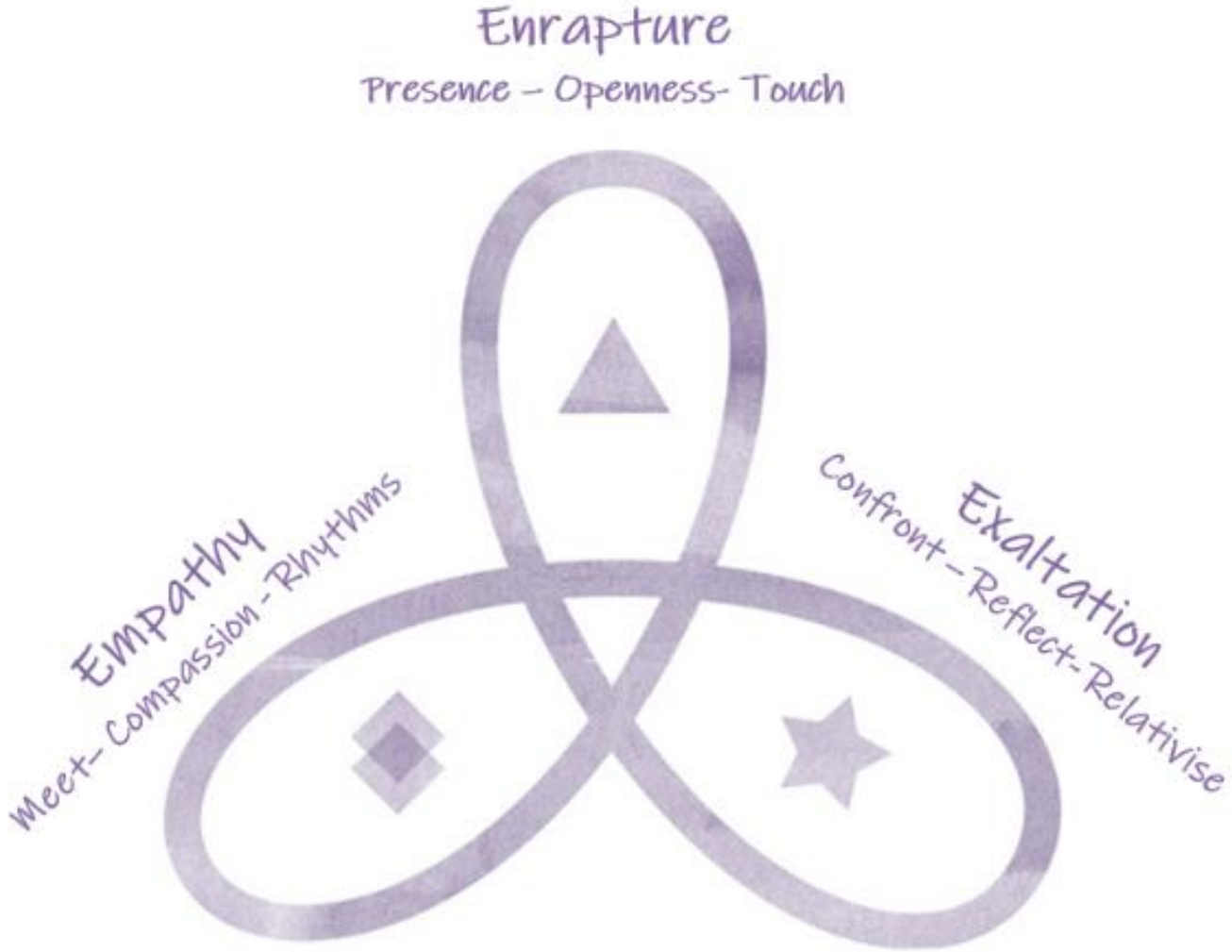
3 Types of Magical moments



9 competencies



Visual representation of the NQ-spirit model



Interaction moment # 2

Do you recognize the three magical moments from your own experience? Which of the three magical moments speaks to you most — and why?



Part 3: From insight to practice



Discover
yourself

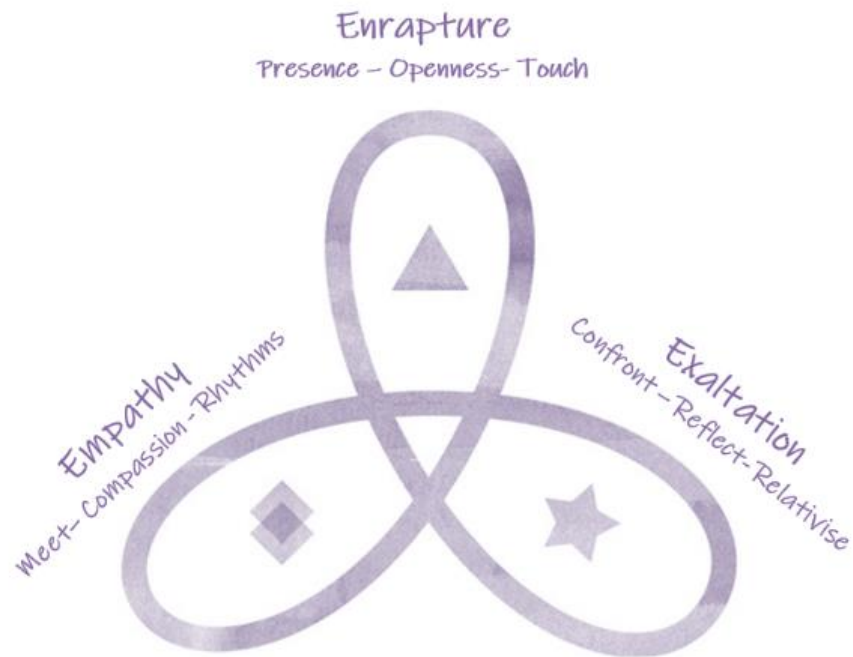
Why profiling?

- People connect with nature in different ways
- Profiling helps to recognise your own preferred pattern of connection
- Not to label, but to *raise awareness* and invite reflection

Tools to explore and strengthen your profile:

A **self-test** to get insight in your own daily nature spirituality

A **challenge** to strengthen your daily spiritual connection with nature



All with some lightness and humor



STANLEY WAS DEEPLY DISAPPOINTED WHEN, HIGH IN THE TIBETAN MOUNTAINS, HE FINALLY FOUND HIS TRUE SELF.





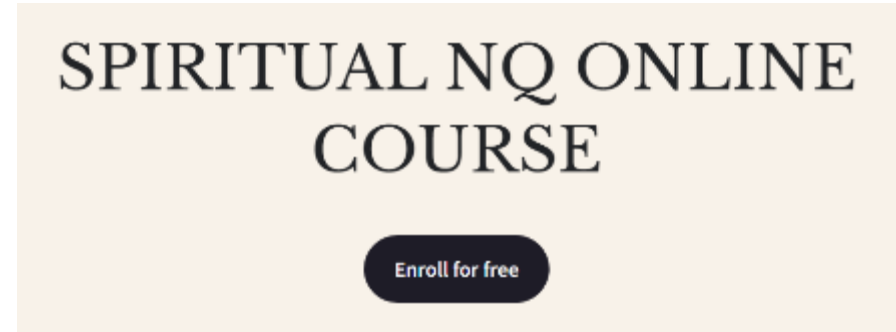


Sorry!

Closing interaction moment # 3

- Do you have a practice or habit that helps you connect spiritually with nature?
- Have you ever shared such an experience with someone else?
- What would you like to explore further after this session?

Resources



<https://natureintelligence.eu/>
<https://www.agnesvandenbergnl/>

